

# Developing Hidden Strengths and Genius In People with Learning Disabilities and Psychiatric Conditions

## A 6-Hour Home Study Program for Health Professionals



**NURSES:** Institute for Brain Potential (IBP) is accredited as a provider of nursing continuing professional development by the **American Nurses Credentialing Center's Commission on Accreditation**. IBP is approved as a provider of continuing education by the **California Board of Registered Nursing**, Provider #CEP13896, and **Florida Board of Nursing**. This program provides 6 contact hours.



**PSYCHOLOGISTS:** Institute for Brain Potential is approved by the American Psychological Association to sponsor continuing education for psychologists. Institute for Brain Potential maintains responsibility for this program and its content. This program provides 6 CE credit. Institute for Brain Potential is recognized by the **New York State Education Department's State Board for Psychology** as an approved provider of continuing education for licensed psychologists #PSY-0090. IBP is approved as a provider of continuing education by **FL Board of Psychology**. This course provides 6 contact hours of CE credit.



**COUNSELORS, SOCIAL WORKERS & MFTs:** Institute for Brain Potential, Provider Number: 1160, is approved as an ACE provider to offer social work continuing education by the **Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program**. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/11/23 - 11/11/26. Social workers completing this course receive 6 clinical continuing education credits.

Institute for Brain Potential is approved as a provider of CE by **FL Board of Clinical Social Work, MFT and Mental Health Counseling** and by **IL Dept. of Professional Regulation MFT CE Sponsor Program**, Sponsor #168.000183. Institute for Brain Potential (IBP), SW CPE is recognized by the **New York State Education Department's State Board for Social Work** as an approved provider of continuing education for licensed social workers #0341. Institute for Brain Potential (IBP) is recognized by the **New York State Education Department's State Board for Mental Health Practitioners** as an approved provider of continuing education for licensed mental health counselors. #MHC-0134. Institute for Brain Potential (IBP) is recognized by the **New York State Education Department's State Board for Mental Health Practitioners** as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0068. The **Ohio CSWMFT Board** accepts ASWB-approved continuing education programs for social workers. This program provides 6 contact hours.

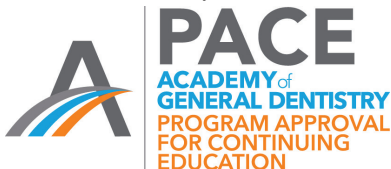


**CHEMICAL DEPENDENCY PROFESSIONALS:** Institute for Brain Potential (IBP) is accredited as a provider of nursing continuing professional development by the **American Nurses Credentialing Center's Commission on Accreditation**. IBP is approved as a provider of continuing education by the **California Board of Registered Nursing**, Provider #CEP13896, and **Florida Board of Nursing**. This program provides 6 contact hours.



**PHARMACISTS AND PHARMACY TECHNICIANS:** Institute for Brain Potential is accredited by the **Accreditation Council for Pharmacy Education** as a provider of continuing pharmacy education. This knowledge-based activity is designated for 6 contact hours (0.6 CEUs). UANs: 0492-0000-21-051-H04-P and 0492-0000-21-051-H04-T. This program has been pre-approved by the **Florida Board of Pharmacy** for 6 hours of continuing education credit.

**DENTAL PROFESSIONALS:** This program provides 6 CE hours. Institute for Brain Potential, provider RP-4261, is authorized to confer continuing dental education for Dentists, Dental Hygienists and Dental Assistants by the **Dental Board of California**. IBP is approved as a provider of CE by the **Florida Board of Dentistry**.



Institute for Brain Potential  
Nationally Approved PACE Program Provider  
for FAGD/MAGD credit.  
Approval does not imply acceptance by any  
regulatory authority or AGD endorsement.  
12/01/18 to 11/30/24  
Provider ID# 312413.  
AGD Subject Code: 550.



**OCCUPATIONAL THERAPISTS AND ASSISTANTS:** Institute for Brain Potential is an AOTA Approved Provider of professional development. PD activity approval ID# 7129. This Distance Learning-Independent activity is offered at 0.6 CEUs or 6 contact hours (Intermediate, OT Service Delivery and Foundational Knowledge). AOTA does not endorse specific course content, products, or clinical procedures. This course is approved by the **Florida Board of Occupational Therapy** for 6 hours of credit.

**PHYSICAL THERAPISTS:** Institute for Brain Potential is approved as a provider of the physical therapy continuing education by the **Physical Therapy Board of California**. Institute for Brain Potential is an **Illinois Department of Professional Regulation** Approved CE Sponsor for PTs and PTAs, #216.000210. Institute for Brain Potential is recognized by the **New York State Education Department's State Board of Physical Therapy** as an approved provider of physical therapy continuing education. This program is pending approval by Texas chapter of the **American Physical Therapy Association (APTA)** for 6 contact hours of continuing education credit. The physical therapy boards in AK, AZ, DE, GA, ID, IN, KS, KY, MS, MO, NC, ND, RI, SC, OR, TN, UT, VA, WI, and WY accept courses approved by APTA chapters. This program meets the criteria for physical therapy continuing education in CT, IA, MO, MT, NE, NH, OR, and WA. This program provides 6 contact hours of continuing education credit.

**MASSAGE THERAPISTS:** Institute for Brain Potential is approved as provider of continuing education by the **Illinois Department of Professional Regulation**, #245.000045, and by the **Florida Board of Massage Therapy**. This program provides 6 CE hours. This program counts as 'General' hours in Florida.

**SPEECH-LANGUAGE PATHOLOGISTS:** Institute for Brain Potential is approved as a provider of continuing education by the **CA Speech-Language Pathology and Audiology Board (SLPAB)**, #PPDP247, and by **KS Health Occupations Credentialing**. This program provides 6 CE hours.

**ACUPUNCTURISTS:** This course is approved by the **California Acupuncture Board**, Provider Number 565, for 6 hours of Category 1 distance education (home study) credit. Approval Expires: 10/12/2024.

**NURSING HOME ADMINISTRATORS:** IBP is approved as a provider of continuing education by the **Kansas Health Occupations Credentialing**. This program provides 6 CE hours.

**DIETITIANS:** Institute for Brain Potential is accredited as a CE provider by **American Nurses Credentialing Center's Commission on Accreditation** and **Accreditation Council for Pharmacy Education**. The **Commission on Dietetic Registration (CDR)** accepts enduring (home study) activities from CE providers accredited by these organizations. IBP is approved as a CE provider by the **Florida Dietetics and Nutrition Practice Council** and **Kansas Department of Health and Environment**, Provider# LTS D1270. This program provides 6 CE hours.

**RESPIRATORY CARE PROFESSIONALS:** RCPs in New York receive 6 hours of Category III credit through the ANCC. Institute for Brain Potential is accredited as a provider of nursing continuing professional development by the **American Nurses Credentialing Center's Commission on Accreditation**. Institute for Brain Potential is approved by the **California Board of Registered Nursing (CA BRN)**, Provider #CEP13896, to provide continuing education. Programs offered by the CA BRN approved providers of CE are accepted by the **Respiratory Care Board of California**.



**EDUCATORS:** Participants completing this program will receive 3 clock hours of professional development credit through a cosponsorship agreement between Alliant International University and IBP. Alliant International University's graduate programs are accredited by the **Accrediting Commission of Senior Colleges and Universities of the Western Association of Schools and Colleges**. Please contact your school district if you need prior approval for this program.

**COLLEGE EDUCATED PUBLIC:** This program is recommended for individuals who wish to add to their personal and professional knowledge and to improve their health and well-being. Participants will receive a certificate of completion for 6 hours.

Neurodevelopmental and neuropsychiatric conditions are usually characterized by diagnostic criteria, with a focus on impairments. This new program focuses on how to identify and optimize areas of strengths.

Through evidence-based research and informative case histories, this presentation will show how strengths, exceptional professional achievement, and genius can coexist with neurodevelopmental disorders and neuropsychiatric conditions.

Participants completing this program should be able to:

1. Describe areas of exceptional aptitude among high functioning individuals with autism spectrum disorders.
2. List several exceptional aptitudes and accomplishments among adults with ADHD.
3. Name certain exceptional abilities that can co-exist with dyslexia.
4. Discuss the mad-genius paradox, the connection between bipolar disorder and creative genius.
5. Name one or more self-aware emotions that people with depression can use to provide empathy and wellbeing.
6. Discuss how people with generalized anxiety can channel this state as a means of providing conscientious and quality care.
7. Name several positive abilities that people with OCD spectrum disorders may possess.
8. Cite several guidelines that health professionals can use to optimize strengths in children and adults with neurodevelopmental or neuropsychiatric conditions.

## Neurodevelopmental Disorders

- Autism Spectrum Disorders
  - Diagnosis
  - Impairments
  - Potential Aptitudes
  - Optimizing
- ADHD
  - Diagnosis
  - Impairments
  - Potential Aptitudes
  - Optimizing Strengths
- Dyslexia
  - Diagnosis
  - Impairments
  - Potential Aptitudes
  - Optimizing Strengths

## Mood Disorders

- Bipolar Disorders
  - Diagnosis
  - Impairments
  - Potential Aptitudes
  - Optimizing Strengths
- Major Depressive Disorders
  - Diagnosis
  - Impairments
  - Potential Aptitudes
  - Optimizing Strengths

## Anxiety-Related Disorders

- Generalized Anxiety
  - Diagnosis
  - Impairments
  - Potential Aptitudes
  - Optimizing Strengths
- Obsessive-Compulsive and Related Conditions
  - Diagnosis
  - Impairment
  - Potential Aptitudes
  - Optimizing Strengths

## Guidelines for Optimizing Strengths in Children and Adults

- Early Diagnosis
- Identifying Twice-Exceptional Students
- Seven Characteristics of Mentally Strong Kids and Adults

## ABOUT THE INSTRUCTOR



Paula Butterfield, PhD [Ohio State University] is a noted clinician, author, researcher, and instructor. A psychotherapist by training, she directed physician residency programs in two major academic medical centers, holds an executive MHA, and maintains a private practice. She has designed and delivered more than 400 seminars and presentations for health, mental health, and corporate professionals throughout the US for over two decades.

An expert in positive psychology and well-being, her outstanding presentations balance the latest in evidence-based research with proven strategies and skills for creating meaningful change and purposeful, values-based lives. Her client work is designed to nurture greater resilience, increase stress tolerance, and improve mood and quality of life. She consistently draws high acclaim from audiences for her clarity, warmth, humor, and practicality.