

Child and Adolescent Clinical Psychopharmacology Made Simple

A 12-Hour Home Study Program for Health Professionals | 184-Page Book

Child and Adolescent Clinical Psychopharmacology Made Simple provides succinct and clear information for nurses, behavioral health professionals, pharmacists, and allied health professions on the diagnosis and pharmacologic treatment of children and adolescents with depression, bipolar disorder, anxiety disorders, psychotic disorders, attention-deficit/hyperactivity disorder, autism spectrum disorders, and miscellaneous disorders. Useful patient and caregiver information sheets are provided including dosing and side-effect profiles.

Participants completing this program should be able to:

1. List effective treatment for depressive disorders.
2. Name effective treatments for bipolar disorders.
3. Classify key types of anxiety-related disorders and their treatment.
4. Identify treatments for psychotic disorders.
5. Describe effects of psychostimulants in treating attention deficit/hyperactivity disorder.
6. Cite treatment options for autism spectrum disorders.
7. List miscellaneous disorders subject to childhood psychopharmacology.

NURSES: IBP is approved as a provider of continuing education by the **California Board of Registered Nursing**, Provider #CEP13896, and **Florida Board of Nursing**. This program provides 12 contact hours.



PSYCHOLOGISTS: Institute for Brain Potential is approved by the American Psychological Association to sponsor continuing education for psychologists. Institute for Brain Potential maintains responsibility for this program and its content. This program provides 12 CE credit. Institute for Brain Potential is recognized by the **New York State Education Department's State Board for Psychology** as an approved provider of continuing education for licensed psychologists #PSY-0090. IBP is approved as a provider of continuing education by **FL Board of Psychology**. This course provides 12 contact hours of CE credit.



COUNSELORS, SOCIAL WORKERS & MFTs: Institute for Brain Potential, Provider Number: 1160, is approved as an ACE provider to offer social work continuing education by the **Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program**. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/11/23 - 11/11/26. Social workers completing this course receive 12 clinical continuing education credits.

Institute for Brain Potential is approved as a provider of CE by **FL Board of Clinical Social Work, MFT and Mental Health Counseling** and by **IL Dept. of Professional Regulation MFT CE Sponsor Program**, Sponsor #168.000183. Institute for Brain Potential (IBP), SW CPE is recognized by the **New York State Education Department's State Board for Social Work** as an approved provider of continuing education for licensed social workers #0341. Institute for Brain Potential (IBP) is recognized by the **New York State Education Department's State Board for Mental Health Practitioners** as an approved provider of continuing education for licensed mental health counselors. #MHC-0134. Institute for Brain Potential (IBP) is recognized by the **New York State Education Department's State Board for Mental Health Practitioners** as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0068. The **Ohio CSWMFT Board** accepts ASWB-approved continuing education programs for social workers. This program provides 12 contact hours.



CHEMICAL DEPENDENCY PROFESSIONALS: Institute for Brain Potential (IBP) is accredited as a provider of nursing continuing professional development by the **American Nurses Credentialing Center's Commission on Accreditation**. IBP is approved as a provider of continuing education by the **California Board of Registered Nursing**, Provider #CEP13896, and **Florida Board of Nursing**. This program provides 12 contact hours.



PHARMACISTS AND PHARMACY TECHNICIANS: Institute for Brain Potential is accredited by the **Accreditation Council for Pharmacy Education** as a provider of continuing pharmacy education. This knowledge-based activity is designated for 12 contact hours (1.2 CEUs). UANs: 0492-0000-22-084-H01-P and 0492-0000-22-084-H01-T. This program has been pre-approved by the **Florida Board of Pharmacy** for 12 hours of continuing education credit.

DENTAL PROFESSIONALS: This program provides 12 CE hours. Institute for Brain Potential, provider RP-4261, is authorized to confer continuing dental education for Dentists, Dental Hygienists and Dental Assistants by the **Dental Board of California**. IBP is approved as a provider of CE by the **Florida Board of Dentistry**.



PACE
ACADEMY of
GENERAL DENTISTRY
PROGRAM APPROVAL
FOR CONTINUING
EDUCATION

Institute for Brain Potential
Nationally Approved PACE Program Provider
for FAGD/MAGD credit.
Approval does not imply acceptance by any
regulatory authority or AGD endorsement.
12/01/18 to 11/30/24
Provider ID# 312413.
AGD Subject Code: 010.

PHYSICAL THERAPISTS: Institute for Brain Potential is approved as a provider of the physical therapy continuing education by the **Physical Therapy Board of California**. Institute for Brain Potential is an **Illinois Department of Professional Regulation Approved CE Sponsor** for PTs and PTAs, #216.000210. Institute for Brain Potential is recognized by the **New York State Education Department's State Board of Physical Therapy** as an approved provider of physical therapy continuing education. This program provides 12 contact hours of continuing education credit.

SPEECH-LANGUAGE PATHOLOGISTS: Institute for Brain Potential is approved as a provider of continuing education by the **CA Speech-Language Pathology and Audiology Board (SLPAB)**, #PPDP247, and by **KS Health Occupations Credentialing**. This program provides 12 CE hours.

NURSING HOME ADMINISTRATORS: IBP is approved as a provider of continuing education by the **Kansas Health Occupations Credentialing**. This program provides 12 CE hours.

DIETITIANS: Institute for Brain Potential is accredited as a CE provider by **American Nurses Credentialing Center's Commission on Accreditation** and **Accreditation Council for Pharmacy Education**. The **Commission on Dietetic Registration (CDR)** accepts enduring (home study) activities from CE providers accredited by these organizations. IBP is approved as a CE provider by the **Florida Dietetics and Nutrition Practice Council** and **Kansas Department of Health and Environment**, Provider# LTS D1270. This program provides 12 CE hours.

RESPIRATORY CARE PROFESSIONALS: RCPs in New York receive 12 hours of Category III credit through the ANCC. Institute for Brain Potential is accredited as a provider of nursing continuing professional development by the **American Nurses Credentialing Center's Commission on Accreditation**. Institute for Brain Potential is approved by the **California Board of Registered Nursing (CA BRN)**, Provider #CEP13896, to provide continuing education. Programs offered by the CA BRN approved providers of CE are accepted by the **Respiratory Care Board of California**.

COLLEGE EDUCATED PUBLIC: This program is recommended for individuals who wish to add to their personal and professional knowledge and to improve their health and wellbeing. Participants will receive a certificate of completion for 12 hours.

Issues in Psychopharmacological

Treatment of Children and Adolescents

- Diagnosing and treating children and adolescents
- Informed consent and addressing parental concerns
- Medications and the media
- Drug research and outcome studies
- Medication metabolism in young clients
- Approved drugs and off label use
- Attitudes and realities

Depressive Disorders

- Diagnostic issues
- Symptoms of major depression in children
- Indications of bipolar disorder
- Efficacy of antidepressants
- Comparing SSRIs, SNRIs, SRIs, NDRI and Atypicals
- Common side effects of each type
- Antidepressants and suicidality
- Treatment of depressive subtypes
- Medication discontinuation and relapse prevention

Bipolar Disorders

- Diagnostic issues
- Signs and symptoms of early-onset mania
- Differentiating bipolar disorder from ADHD
- Bipolar disorder combined with ADHD
- Bipolar disorder combined with anxiety disorders
- Neurobiology of bipolar disorder
- Psychopharmacology: mood stabilizers and anticonvulsants
- Guidelines for pharmacological treatment
- Mania, depression and manic switching
- Doses and side effects
- Relapse prevention
- Interactions with drugs commonly used in pediatrics

Anxiety Disorders

- Obsessive-compulsive disorder
- Panic disorders
- Social phobia
- Specific phobias
- Generalized anxiety
- Posttraumatic stress disorder
- Separation anxiety disorder
- Inhibited temperament
- Neurobiology of other anxiety disorders
- Pharmacology of obsessive-compulsive disorders
- Psychopharmacology of other childhood anxiety disorders

Psychotic Disorders

- Childhood schizophrenia: positive and negative symptoms and disorganization symptoms
- Psychotic mood disorders
- Psychosis associated with medical conditions
- Neurobiology
- Psychopharmacology
- Side effects of antipsychotic medications: extrapyramidal, anticholinergic, antiadrenergic, tardive dyskinesia, metabolic
- Guidelines for the pharmacological treatment of psychotic disorders
- Relapse prevention

Attention-Deficit/Hyperactivity Disorder

- Differential diagnosis
- Neurobiology of ADHD
- Pharmacology of stimulants: immediate versus sustained release, generic, brand and typical dose information
- Guidelines for pharmacological treatment of ADHD including side effects and solutions
- Consequences of misdiagnosis of ADHD as an anxiety disorder, agitated disorder, pre-schizophrenia, bipolar disorder, or situational stress
- Alpha-2 adrenergic agonists used to treat ADHD
- Antidepressants used to treat ADHD
- Combined behavioral treatment and psychopharmacology

Autism Spectrum Disorders

- Diagnostic issues of pervasive developmental disorders
- Rett's disorder
- Childhood disintegrative disorder
- Pervasive development disorders
- Pathophysiology
- Psychopharmacology: serotonin medications, antipsychotics, beta-blockers, mood stabilizers, stimulants, opioid antagonists, oxytocin, miscellaneous agents

Miscellaneous Disorders: Diagnosis and Pharmacology

- Tic disorders and Tourette Syndrome
- Conduct disorder
- Anorexia nervosa
- Substance abuse: alcohol, stimulants, opiates, hallucinogens

Appendix: Patient and Caregiver Information

Psychiatric Medications

PRIMARY AUTHOR

John D. Preston, Psy.D., ABPP, is Professor at Alliant International University, and has been Associate Clinical Professor at University of California, Davis. A Board Certified Neuropsychologist, he is the author of numerous texts concerning brain and behavior including Counseling Survivors of Traumatic Events, Child and Adolescent Psychopharmacology, Handbook of Clinical Psychopharmacology, and is co-editor of Empirically Validated Approaches to Psychotherapy. Dr. Preston received the Mental Health Association's President's Award for exceptional contributions to the mental health community.

An outstanding and inspiring speaker, Dr. Preston has given over 500 invited seminars to health professionals in North America and abroad. Participants commend his ability to communicate key insights and practical information with clarity, enthusiasm and warmth.

Policies and Procedures

1. You may order the audio CDs or audio-visual DVDs before the planned expiration date listed on the program brochure. You will have at least one year from the date you placed your order to complete the program for continuing education credit.
2. Program materials including CDs or DVDs, course outline and handouts, evaluation form, and post-test are delivered to you within 5-7 days from the date we receive your order. You will need a CD player to listen to the lecture on CDs and a DVD player to view it on DVDs.
3. Successful completion to receive continuing education credit includes 1) watching or listening to the recorded lecture and reviewing the program handouts, 2) submission of the program evaluation form and post-test, and 3) receiving a passing score of 75% on the posttest. Psychologists are encouraged but not required to submit program evaluation forms. No partial credit is given.
4. Post-tests are usually scored within 5 workdays of their receipt; please allow 10 workdays. You may retake the posttest without penalty or fee.
5. Program evaluation forms and completed posttests can be submitted to us by email at ceu@4brain.org, fax at (209) 710-8306, or by mail at IBP Distance Learning, PO Box 2238, Los Banos, CA 93635.
6. A certificate of completion is provided upon successful completion. Please indicate whether you wish to receive the certificate by email, fax, or mail on the registration form.
7. If you are not completely satisfied, you may return the course materials in a resalable condition within 30-days of your purchase and exchange it for another home study program of equal value or obtain a full refund minus a \$15 processing fee by submitting a refund request in writing or by email at refund@ibpceu.com. Tuition for continuing education credit is not refundable. Course materials should be returned to us at IBP Distance Learning, 245 W Pacheco Blvd. Ste. C, Los Banos, CA 93635.

Dedicated Customer Service

Call (888) 202-2938 or email info@ibpceu.com to inquire about course content, instructors, corrections, grading, or problem resolution, provide comments, request disability accommodations, submit a formal grievance, or remove your name from a list. Institute for Brain Potential complies with ADA requirements.

The IBP Experience

Our non-profit organization, tax ID 77-0026830, is the leading provider of accredited programs concerning the brain and behavioral sciences. We have been providing informative and practical continuing education programs since 1984. Our programs include fascinating and informative presentations by outstanding and highly qualified faculty.